

# The Mind's *Eye*

Issue 17



# Professional of the month



## Dr Deepika Jain (MD, Dped, DNB, PGDDN)

Developmental Paediatrician, Shishu Child Development & Early Intervention Centre  
Ahmedabad, Gujarat, India

Dr Jain's educational background is vast. She is a MD in Paediatrics where she placed first in her Diploma University in Paediatrics. She then did her DNB in Paediatrics and went on to specialize in Developmental Paediatrics doing PGDDN (PG Diploma in Developmental Neurology). She is now exclusively working in the field of Developmental Paediatrics.

Dr Jain is extensively trained in doing developmental assessments, right from DASII for newborns & toddlers, Hammersmith for neurodevelopmental assessments to International scales like VINELAND- II- III, sensory profiles, & screening and confirmatory tools for ASD & ADHD. She is trained for tools needed for diagnosis and planning of learning disabilities namely DEST-2, DSJ- J, WRAT-5. She is currently undergoing ADOS-2 training and would be completing her 3Di training for

ASD in the current year.

Dr Jain works extensively in the field of neurodevelopmental disabilities. She runs "Shishu Child Development & Early Intervention Centre" in Ahmedabad & Gandhinagar in Gujarat, India, where she heads a team of occupational therapists, speech therapists, psychologists, special educators and physiotherapist. Their centre offers detailed assessments, individual planning and all therapies. The centre also has a full-fledged team for ABA, floor time and OPT services in association with Dew Drops Delhi. All the services are available under one roof.

Besides her own centre, she works at NICU and the Government of Gujarat's Early Intervention Centre and at Saaransh Inclusive School for special needs children. She is the co-founder of "Kshamta" an NGO working

exclusively in the field of learning disability, providing teacher training in schools and LD assessments, remediations, counselling services for children with learning disabilities with trained personnel on one to one basis.

Dr Jain believes that development is a team effort and many children need a multidisciplinary approach. Different neurodevelopmental disabilities will have different skill profile which has to be assessed in detail with a comprehensive history, observations and using standard scales. Therapy planning must be done for neurodevelopmental disabilities like developmental delay, ASD, ADHD etc according to the adaptive level of the child in different domains and maladaptive level if any. The adaptive level also needs to be divided into various domains of communication, socialization, daily living skills and motor skills and each of these domains need to be further divided into subdomains. Strength and weakness of the child must be assessed in detail for proper intervention plans. ASD needs detailed sensory profiles. Learning disabilities need to be screened as early as possible and confirmatory scales need to be done to find child's level in reading, comprehension, expression skills, spelling, math's, visual- motor, memory and attention span. Many of the children especially those having learning disabilities will also need an IQ scale. The scales must be

comprehensive and should aid in not only finding the level of the child but also in the planning of the therapies. She uses many of the Pearson's scales for assessments as they fulfil most of her requirements.

Dr Jain has conducted many parent workshops on neurodevelopmental disabilities and is a part of many national- state level workshops/ events on Developmental Paediatrics. She believes in updating herself constantly, has recently started web-based home therapy plans in association with Skill Angles to provide inputs to children in visual- processing, visual- memory, problem-solving, attention and linguistics at home. She is currently doing a course on Genetics form BPNI- UK and trainer's programme (TOT) by Indian Academy of Paediatrics to understand, screen and handle emotional problems in children and adolescents.

Her motto in life is that "Every child including those with special needs have the right to reach their full potential and all services should be provided to the child to reach this goal".

You can reach out to her at:  
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# Importance of Career Assessment and Counselling at Educational Institutions

For this edition of the Mind's Eye, we have an interesting interview with **Prof. K. Prakash**, who is the Faculty Member at SRM School Of Management of SRM Institute Of Science And Technology. In this interview, Prof. Prakash shared his thoughts and experience of implementing and running a successful career assessment and counselling program at SRM.

1. How relevant or important is career guidance at the college level as compared to career guidance in schools?
  - A college is a place where students have more liberty when compared to schools. In personal life too, those college goers will decide their time management by themselves and parent intervention will be very less. Being young blooded, those young adults require attention/guidance from a suitable mentor/counsellor on the aspects of their career. At this time, the role of counsellor/mentor becomes more crucial.
2. What are the best practices that an institution needs to keep in mind when implementing a career assessment and counselling solution?
3. Do you think parents also need to be counselled? How do you convey the results of a career assessment to the parents of a student who might have planned a different career path for their children as opposed to what might be in the assessment report?
  - Yes, but based on needs. First, the basic interest of the student needs to be explained. Advantages of choosing careers at that age are to be communicated. The effect of choosing the right career paths and its outcomes will help both parent and student understand the career choice.
4. Are digital career assessment and counselling solutions better than the traditional paper and pen face to face format?
  - Yes, today's Generation is agile. They are eager to know their career fits and also want to discover new areas that best suits their personality. They expect the best reports in attractive formats for easy understanding. Digital career assessment tools satisfy all these requirements.

5. How was your experience using My Choice My Future (MCMF) at SRM?

- MCMF is an excellent tool that maps student personality with their best possible career choice. It motivates the candidates to act and keep up their spirit. The detailed explanation of careers arrived on various parameters which are explained clearly through a graphical presentation. Finally, it gives an understanding of the few best options that a candidate should not miss through. At School of

Management, we regularly ask our MBA candidates to undergo MCMF in the first semester itself. This helps them not only understand their career choice, but also help them in choosing their specialization and internship areas in MBA. It's nice to see those candidates using MCMF get themselves groomed well in the suggested area, get placed earlier in their dream companies and happily keep in touch with us.

Learn more about our career assessment and counselling services here:

[My Choice My Future](#)



# Get your hand on the best Career Assessment tools available from Pearson

## My Choice My Future (MCMF)

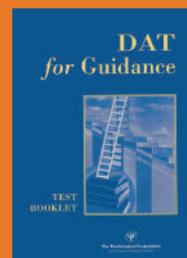


My Choice My Future is a scientific and online career guidance solution that was developed in collaboration with senior professors and researchers from IIT – Madras.

It typically helps individuals identify a right career path by assessing their personality in-line with their career interest and choices.

Language Options: Hindi, Bengali, Kannada, Malayalam, Tamil and Telugu

## Differential Aptitude Tests for Guidance (DAT for Guidance)



DAT for Guidance is a profiling instrument that assesses eight different types of ability, or aptitude, which are related to success parameters in different areas of employment.

These tests are co-standardized and provide an eight-point profile that portrays relative strengths and weaknesses in an individual's key aptitudes.

## Career Decision-making System (CDM)



Unlike any conventional career guidance tools that only offers guidance, CDM, lets students self-assess their interests, abilities and work values. This tool alone can be used to make a right career decision.

## Contact Us

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